



Sutton Source#19 - January 4, 2012

A special note from Principal Sofianos

Welcome Back to 2012 and Happy New Year to All! I am so excited to see all of your children today - I missed them over our Winter Break.

Today, we are sending home information and registration forms for the **APS Saturday Academy**. This is a FABULOUS opportunity for your child who may need or want extra time and help in meeting or exceeding standards in Math and/or Reading. Buses and a sack lunch will be provided, as well as highly qualified teachers and a strong learning environment. We do believe we are fortunate to be selected as a Saturday Academy location. **WHAT A DEAL FOR YOUR STUDENT IN BUILDING A MORE SUCCESSFUL FUTURE! This is all at NO COST to you!**

Please read and return the registration form to your child's homeroom teacher with the following information:

IF REGISTERING:

Fill out the entire form, please check if signing up for Math, Reading,
YOUR CHILD CAN DO ONE OR BOTH

IF NOT REGISTERING:

Fill out Student Name

Check "I would prefer that my child not participate in the Saturday Academy Program"

Students who extend their learning beyond the traditional school day find more academic

success! Please consider supporting your child in attending the APS Saturday Academy!

Please contact me with any questions at asofianos@atlanta.k12.a.us

One last note... please ensure your child keeps any of those new electronic devices received over the holidays AT HOME. We are 100% focused on your child's academic studies and extra-curricular activities and are unable to allocate people and time in the location of lost or reported stolen items. Any cell-phones brought onto the property should be OFF and no staff member should see, hear or know that it exists.

Thank you for your cooperation!

We are off to a great start for the second semester. I am looking forward to working with your child as he or she continues to learn and grow here at Sutton Middle School!

Audrey Sofianos

Principal, Sutton Middle School

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Atlanta, GA 30327

404.802.5600

Welcome to 2011!

We hope everyone had a safe and wonderful holiday.

We are off to a good start in 2012 and would like to thank the following for helping us make the first half of the school year so special: Anne Williams and Rush Levitt and all the numerous volunteers and captains that helped Chastain Parking run so smoothly this year; **The Sweeneys** for working with our partners; **Andy Cimowski** for once again keeping our PTA website up to date; **Leigh Ann Livaditis** for continuing to chair our weekly newsletter "**The Sutton Source**" and, along with **Lorrie Hilgeman** spearheaded the Fall Sutton Scoop; **Nelson Brackin** who blasts the Sutton Source and PTA Announcements to our families each week; **Helena Marin** for putting together the volunteer database; **Yadira** and **Jamie Solis** for translating documents and the Source into Spanish for us; **Brandi Diamond** and **Carolyn Dingman** for organizing our coffee talk goodies; **Judy Harrison** for getting us off to a good start with Celebration of Learning and Box Tops; **Carolyn White** and **Mary Chambers** for dues and donations; **Angela Boardman** for getting the directory

together; **Lisa Mason** for all the great Sutton spiritwear; **Helen Young** and **Julie Reif** for organizing the school store; **Kristie Day** for heading up the Sunshine fund; **Cathy Pennington** for Blues and BBQ; **Gwendy Johnston** and her team of volunteers for Fall Frolic; **Heather Cook**, **Rosanne Kirkman** and **Sydney Shipps** for taking parents on school tours; **All the feeder school liaisons** for getting the word out about Sutton; **Lisa Hermann**, **Carolyn Binder**, **Ann Muller-Wise**, **Natalie Grubbs**, **Anne Cox** and **Cathy Pennington** for all they have done with Teacher Appreciation; **Aimee FitzGibbons** and **Stacey Cimowsky** and all the volunteers for their time in preparing the Scholastic Book Fair and the B & N book fair; **Karen Summerour** and **Leigh Perkins** for keeping our planters looking so nice; all the **Fall and Winter team moms** for keeping the sports so organized and **Jackie Labat**, **Vicky Fowler**, **Allison Ferguson**, **Lynn Taylor** and **Gaybie Pittman** for planning the sports banquet.

We are so thankful for **Ms. Sofianos and her administrative staff**, **all the wonderful teachers** who enrich our children's lives each day, our **PTA Board** who have contributed numerous hours to Sutton and all the wonderful volunteers that make **this school so special**.

Leigh Darby and **Margaret Long**, Sutton PTA Co-Presidents

***Make a note: Our first Coffee Talk of the year is next Friday... and what better topic to discuss after the holidays than **health and wellness**?

Calendar

January

4	First Day Back (Begin Semester 2)
12	Menchie's Spirit Night 3:30 – 8pm
11	Basketball –Sutton @ Harper Archer 5 pm AWAY
13	PTA COFFEE TALK Friday 9:00 am/8th Grade meeting
16	No School – MLK Holiday
19	Spelling Bee
20	All Pro Dads
21	Basketball –Sutton vs Brown 10:00 am SUTTON
25	NAPPS meeting, 12:00 - Jackson
25	8th Grade Writing
25	Basketball –Sutton vs Price 5:00 pm SUTTON – GOLD RUSH
28	Basketball –Sutton vs Inman 10:00 am AWAY

6th Grade Williamsburg Trip Deadline Extended!

There are a few seats left for the 6th grade trip.

The deadline for deposits has been extended to Jan. 13th.

Go to <http://www.atlanta.k12.ga.us/page/20277> for forms and information.

Work on those fundraisers! **Fundraiser deadline is Jan. 20th.** Thanks! ~Mrs.Edelstein

Sutton Showcase is coming and we need your talent!

We are looking for parents to coach vocal and dance acts. It would require one afternoon a week for 6 weeks (mid March to April) to create and/or polish acts for the Chastain stage.

Also needed are parents to help with advertisement sales for the program.

Please contact Cathi Onley: cathionley@me.com 404-272-9352

Just in time for the holidays: **Yearbooks!**

Parents, don't wait, go online today and check this off the list. Click [here](#) to order. Soft covers are \$33 and hardcovers are \$40. Get in touch with Mr. Randolph if you have any questions. jrandolph@atlanta.k12.ga.us

Bleacher Nameplate Opportunity:

Show Your Sutton Spirit!

Deadline for submitting your Bleacher nameplate is Friday, January 20th. Forms are available in the PTA workroom or can download one from our website

Print form here: <http://suttonmiddleschool.org/Documents/pta/bleacherfundraiser.doc>

Wellness is #1 at Sutton!

Look what's growing at Sutton! Our garden is flourishing and we are so happy to see kale, broccoli, lettuce, and spinach growing. The garden is being utilized in our science and health curriculums in all grades.

Did you know Sutton is offering citrus and plain water at lunch free of cost? As part of our wellness initiative, students are encouraged to drink more water and also to substitute water for beverages with added sweeteners.

Wellness Lesson with Healthy Smoothies



Health class students enjoyed samples of **Sunny Garden Smoothies**, courtesy of the **Smoothie Dream** pilot launched at Sutton this October.

Smoothie Dream, the brainchild of Dr. Marilyn Hughes, APS Director of Nutrition Services, features smoothie demonstrations and tastings as a platform for conversations around making healthier food choices. The one-hour presentations touched on topics such as phytonutrients, antioxidants, free radicals, the importance of fiber and water, and the benefits of eating whole, plant based foods more often.

Whole Foods Market-West Paces Ferry and Natalie's Orchid Island Juice Company partnered to provide the fresh and frozen produce for the blend, which featured, kale and spinach,

along with fresh orange juice, banana and frozen berries. Seventh grade parent and dietetics major, Delma De La Fuente, will return in February to conduct sessions for students taking health class this semester.

Sutton Middle School Chorus



Mr. Pethel's Chorus performing at the Barnes & Noble December Book Fair.

Warrior Window

Mark your calendars for "**North Atlanta Now**" on Sunday, 1/22/12 from 1:30 - 3:30. (NAHS Theatre). **8th graders and all prospective North Atlanta High School students and parents** are invited and will hear in depth information about the IB program and the school model. Senior students and administrators will speak. Tour the campus and learn about NAHS academics, athletics and student life!

Next NAHS tour: February 23rd from 9-11 am. Reservations are required, so please contact Kelley Day at 404-802-4700.

From the Japan America Society of Georgia

As Georgia's liaison office for the 24th Annual Asian-Pacific Children's Convention (APCC), the JASG is able to share the culture of Japan with four students (two boys and two girls)

and one chaperone from the State of Georgia through this fully funded exchange program to Fukuoka, Japan. We are seeking Junior Ambassador applications from 10-11 year old students (with birthdays between September 1, 2000 and August 31, 2001) and chaperone applications from adults who would like to be considered to accompany the 2012 delegation from Georgia.

Further information and the application form will be available on the JASG's website at <http://jasgeorgia.org/eng/node/44>.

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